

(INDIAN & CONTINENTAL)

Choice of coffee (freshly brewed, decaffeinated)

Tea or hot chocolate full cream, low-fat or soy milk

Choice of freshly squeezed juice

(orange, watermelon, sweet lime, pineapple or vegetable (seasonal))

or

Lassi (Saffron, Plain, Sweet, Salted)

Fresh Fruit (seasonal)

Assortment of Low-fat yoghurt

(with fruit purée, choice of mango, passion fruit or mixed berries)

CONTINENTAL

Baker's basket or toast selection of morning pastries

Two eggs any style grilled tomato, roasted potato, chicken sausage

Omelet choice of tomato, mushroom, onion, bell peppers, chicken sausage

Pancakes served with whipped cream and maple syrup

Waffles served with whipped cream and maple syrup

Muesli

(oatmeal, seasonal fruit, yoghurt, nuts and whipped cream)

Oatmeal

(choice of full fat, low-fat, skimmed or soy milk topped with cinnamon)

Cereals

(choice of full fat, low-fat, skimmed or soy milk choice of corn flakes, all-bran, rice krispies, crunchy muesli or chocos)

INDIAN

(make your selections)

Idly steamed, rice cakes (served with sambar and chutneys)

Medhu wada, crispy split black gram doughnuts (served with sambar and chutneys)

Dosa crispy, thin rice pancake, plain or masala (served with sambar and chutneys)

Uthappam thick rice pancake, plain or masala (served with sambar and chutneys)

Upma semolina cooked with seasonal vegetables (served with sambar and chutneys)

Poori bhaji deep-fried whole wheat bread with potato, onion and tomato gravy

Paratha whole wheat bread filled with choice of potato, cauliflower or paneer(served with yoghurt and pickles)

Kanda poha pressed rice with onion, peanuts, green chilli and fresh coriander